

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: ISWIM

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: VANDENBERGHE HANNAH

Coaches: VANMEENEN SARA

Coaches: VANMEENEN LAURA

Coaches: LEPLA MARTINE

Coaches: DRUART ANNELIES HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 53: 100M BUTTERFLY MEN 11-12					Heat:6, starttime: 09:28
Heat: 6/9 Lane : 7 Athlete: ROGIERS JACK					Q-time: 01:21:74
PB (25m pool): 01:27.57 leper 04/01/2026					PB (50m pool): 01:22.95 SB: no time
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		00:40.54		01:27.57	
	00:40.54		00:47.03		
					

Coach feedback:

Event number: 53: 100M BUTTERFLY MEN 11-12					Heat:6, starttime: 09:28
Heat: 6/9 Lane : 8 Athlete: DE BRUYNE SENNE					Q-time: 01:22:57
PB (25m pool): 01:28.22 leper 04/01/2026					PB (50m pool): 01:22.57 SB: no time
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		00:37.81		01:28.22	
	00:37.81		00:50.41		
					

Coach feedback:

Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:3, starttime: 09:40
Heat: 3/10 Lane : 3 Athlete: DERUDDER LEAH					Q-time: 01:29:86
PB (25m pool): 01:26.84 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:33.76 SB: 01:26.84 Sint-Amandsberg 18/10/2026
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		00:38.24		01:26.84	
	00:38.24		00:48.60		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: ISWIM

Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:3, starttime: 09:40
Heat: 3/10 Lane : 8 Athlete: TYVAERT BABETTE					Q-time: 01:30:56
PB (25m pool): 01:30.56 leper 04/01/2026					PB (50m pool): 01:42.46 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.49		01:30.56	
	00:41.49		00:49.07		
					

Coach feedback:

Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:6, starttime: 09:46
Heat: 6/10 Lane : 1 Athlete: SEYS LOUISE					Q-time: 01:26:09
PB (25m pool): 01:25.37 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:26.09 SB: 01:25.37 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.24		01:25.37	
	00:39.24		00:46.13		
					

Coach feedback:

Event number: 55: 400M MEDLEY MEN 13-14						Heat:2, starttime: 10:02		
Heat: 2/2 Lane : 6 Athlete: HAUSPIE NIEL						Q-time: 05:13:80		
PB (25m pool): 06:02.20 Meulebeke 07/04/2024						PB (50m pool): 05:13.80 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:02.20
								

Coach feedback:

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: ISWIM

Event number: 59: 100M FREESTYLE MEN 11-12					Heat:4, starttime: 10:40
Heat: 4/10 Lane : 2 Athlete: ROGIERS JACK					Q-time: 01:11:56
PB (25m pool): 01:09.51 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:11.91 SB: 01:09.51 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.50		01:09.51	
	00:33.50		00:36.01		
					

Coach feedback:

Event number: 59: 100M FREESTYLE MEN 11-12					Heat:4, starttime: 10:40
Heat: 4/10 Lane : 5 Athlete: DE BRUYNE SENNE					Q-time: 01:10:90
PB (25m pool): 01:09.64 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:11.43 SB: 01:09.64 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.67		01:09.64	
	00:33.67		00:35.97		
					

Coach feedback:

Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:5, starttime: 10:59
Heat: 5/10 Lane : 7 Athlete: DERUDDER LEAH					Q-time: 01:10:48
PB (25m pool): 01:10.48 Brugge 04/10/2026					PB (50m pool): 01:13.21 SB: 01:10.48 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.99		01:10.48	
	00:33.99		00:36.49		
					

Coach feedback:

Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:7, starttime: 11:02
Heat: 7/10 Lane : 7 Athlete: SEYS LOUISE					Q-time: 01:08:60
PB (25m pool): 01:08.60 Brugge 04/10/2026					PB (50m pool): 01:10.55 SB: 01:08.60 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.85		01:08.60	
	00:32.85		00:35.75		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: ISWIM

Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:8, starttime: 11:04
Heat: 8/10 Lane : 4 Athlete: TYVAERT BABETTE					Q-time: 01:07:25
PB (25m pool): 01:06.08 Sint-Amandsberg 18/10/2026			PB (50m pool): 01:10.96 SB: 01:06.08 Sint-Amandsberg 18/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.80		01:06.08	
	00:31.80		00:34.28		
					

Coach feedback:

Event number: 61: 200M BACKSTROKE MEN 13-14							Heat:2, starttime: 11:13	
Heat: 2/5 Lane : 7 Athlete: DIERCKX ANDREAS							Q-time: 02:39:00	
PB (25m pool): 02:32.90 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:39.00SB: 02:32.90 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.46		01:13.26		01:53.44		02:32.90
	00:34.46		00:38.80		00:40.18		00:39.46	
								

Coach feedback:

Event number: 61: 200M BACKSTROKE MEN 13-14							Heat:4, starttime: 11:20	
Heat: 4/5 Lane : 3 Athlete: CLAEYS YBO							Q-time: 02:29:93	
PB (25m pool): 02:26.01 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:38.77 SB: 02:26.01 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.87		01:11.79		01:49.13		02:26.01
	00:34.87		00:36.92		00:37.34		00:36.88	
								

Coach feedback:

Event number: 63: 100M MEDLEY MEN 15-16					Heat:3, starttime: 11:49
Heat: 3/4 Lane : 4 Athlete: DELIE VICO					Q-time: 00:59:47
PB (25m pool): 00:59.47 Brugge 04/10/2026			PB (50m pool): no time SB: 00:59.47 Brugge 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.15		00:59.47	
	00:28.15		00:31.32		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: ISWIM

Event number: 63: 100M MEDLEY MEN 15-16					Heat:3, starttime: 11:49
Heat: 3/4 Lane : 8 Athlete: PAUWELS MILLAU					Q-time: 01:06:96
PB (25m pool): 01:06.96 WAREGEM 27/09/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:06.96	
	no time				
					

Coach feedback:

Event number: 64: 100M MEDLEY WOMEN 15-16					Heat:3, starttime: 11:56
Heat: 3/5 Lane : 1 Athlete: VANDERMARLIERE JUNA					Q-time: 01:12:05
PB (25m pool): 01:12.05 WAREGEM 27/09/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.05	
	no time				
					

Coach feedback: